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## What to expect...



PLEASE HAVE YOUR HORSE READY WITH THE SADDLE ON AND BOOTS/BANDAGES THAT ARE NORMALLY USED. HAVE YOUR BRIDLE/BITS TO HAND BUT NOT FITTED.

Snaffle Bit (single bit) Consultation approx 1 hour  
Double Bridle/Two Discipline/ Bit & Bridle Consultations 1 1/2 hour

PLEASE NOTE : Some horses need longer than others, so please keep that in mind within a clinic setting in regard to timings.

### STEP 1 - Pre-Ridden assessment

Initially Gill will compile information, such as recent health checks, injury, bits tried, signs of evasion, or problems being experienced. The Horses facial conformation will be assessed for tongue size, top palate space, size of lips and length of bar, depth of jaw. Followed by a light palpation of areas of around the head and neck area that may be linked with a Bit or Bridle sensitivity or soreness. This time also gives the rider the opportunity to express their concerns and objectives.

### STEP 2 Ridden Assessment

The horse is then ridden in it's normal equipment, bit and bridle, where the signs of evasion can be observed and explained. This gives the rider time to demonstrate through the different gaits and exercises the difficulties they have been experiencing. This then gives the background information to pinpointing the specific areas that can benefit from a bit or bridle change.

### STEP 3 Change of Bit/Bridle

Gill will then select bit choices to distinguish what the horse finds more comfortable to accommodate and signals the horse responds to more easily. There will be a small number of bit changes to ascertain and evaluate which combination of mouth and cheek piece suit both the horse and the rider. This gives the rider a window to experience the differences and feel an improvement that they can build upon with training.

### STEP 4 Summary

At the end of the consultation Gill will give you your Bitting Form with the details discussed and suggested recommendations. Details of the recommended bit choices will be given alongside a transitioning guide. As Independent Consultants we can recommend retailers you may wish to use, or you may wish to source at the best price or second-hand. It is important to point out that the horse will need time to adjust both physically and mentally to get the best performance and continued results. View this bit change as the beginning of your path for improvement.

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